

# UEN-TV Monthly Health Highlights - November 2018



## Too Soon to Forget

Friday, November 2 at 8 p.m.



Most people think Alzheimer's is a disease that only affects older adults, but that's not always true. When this disease strikes before the age of 65, it's considered 'younger onset' Alzheimer's.

## Brainstorm

Saturday, November 3 at 9 p.m.



A TV news reporter must confront her epilepsy after being fired over a seizure. Stacia Kalinoski pursues brain surgery, and documents her journey as a way to raise awareness about the brain disorder that affects 1 in 26 people.

## Polytrauma Rehap in the V.A.

Friday, November 11 at 8 p.m.



The Hunter Holmes McGuire Veterans Administration Medical Center in Richmond, Virginia's polytrauma center is one of only five in the country that provides physical recovery and rehabilitation, plus services for physical, mental, emotional and spiritual well-being.

## A Time to Heal

Saturday, November 10 at 9 p.m.



The film explores the impact of the Vietnam War on the lives of those who fought, protested, or prayed for their loved ones to come home alive.



## Defining Hope

November 13 at 9 p.m.



The documentary follows eight patients with life-threatening illness as they make choices about how they want to live, how much medical technology they can accept, what they hope for and how that hope evolves when life is threatened.

## Alzheimer's: The Caregiver's Perspective

Friday, November 16 at 8 p.m.



Caretakers share their diverse experiences of caring for loved ones in the world of dementia - from diagnosis to saying the long goodbye. A variety of caregivers, family members and many others explain how they creatively navigate the frustrations, sorrows, and complications of caring for a loved one who can no longer function safely on their own.

## Living with Alzheimer's and Dementia

Friday, November 23 at 8 p.m.



Weaving together personal stories of those who are living with dementia, insight from their care partners and commentary from leading experts in dementia, the film lays the foundation for a better understanding of the disease, ways to care for those with dementia and their support systems.



## Forever Young - Baby Boomers

Tuesday, November 27 at 8:30 p.m.



Examine the medical and social challenges facing the baby boomer generation and discover new ways they're sustaining their health and well-being.

## When I'm 65

Tuesday, November 27 at 9 p.m.



Using real-life stories, case studies, engaging animation and lively expert interviews, the film presents a thorough examination of the issues, generational influences and human behavior while providing useful information, potential solutions, and "can do" action plans for meeting retirement goals.

## Portraits of Professional Caregivers: Their Passion, Their Pain

Friday, November 30 at 8 p.m.



The dramatic emotional costs experienced by professional providers such as nurses, social workers, clinical psychologists, doctors and firefighters are examined. "How is the professional care provider affected emotionally and physically, and who helps him or her?"