

# UEN-TV Monthly Health Highlights - September 2018



## Age Wise

Tuesdays at 8:30 p.m. beginning September 4 

This series examines best practices of what can and should be done to help older adults age better, with insight from experts and everyday older adults who share their stories of success.

## Coming of Age in Aging America

Tuesday, September 4 at 9 p.m. 

Longevity has far-reaching implications for society, and experts. Policy makers and the general population are only just beginning to grapple with how to reframe our thoughts on aging.

## Prescription Drug Addiction: This is American and the World Special

Saturday, September 8 at 9 p.m. 

Michael Botticelli, Director of the White House Office of National Drug Control Policy is interviewed with a discussion with four medical and experts about opioid deaths as well as addiction and treatment.

## Before the Fall: Prevention and Recovery

Tuesday, September 11 at 8 p.m. 

Learn ways to prevent falling, such as making simple home modifications and improving strength and balance for every older adult.



## Drugged Driving

Thursday, September 13 at 8 p.m. 

Increasingly, health care, safety and law enforcement experts point to a dangerous new trend -- driving impaired from illegal drugs, pills or even common prescription medicines.

## Hooked Rx: From Prescription to Addiction

Friday, September 14 at 8 p.m. 

Investigate the alarming rise of prescription opioid abuse in Arizona.

## Realistically Ever After: A Turn it Gold Movement

Saturday, September 15 at 9 p.m. 

The Arts in Medicine Program at the University of Texas MD Anderson Children's Cancer Hospital, Arts in Medicine provides art programming to pediatric, adolescent and young adult patients and their families.

## Boomer's Guide to Growing Older

Tuesday, September 18 at 8 p.m. 

Boomers can manage varied responsibilities while still maintaining their own physical and mental health.



## Oh, My Aching Back! Prevention and Treatment

Friday, September 21 at 8 p.m. 

Examine the prevention, management and relief of back and neck pain that up to 80 percent of people feel, from diagnosable to chronic and unseen.

## The Place of Refuge: Calming the Storm of Divorce

Tuesday, September 25 at 9 p.m. 

This documentary shines a light on more than 40% of all children in our country affected by divorce. *The Place of Refuge*, filmed by an Emmy® award-winning film maker, informs parents what they can do to help prevent emotional pain, trauma, behavioral and learning problems often experienced by children. The film presents new findings and perspectives based on the latest research.

## A Second Opinion Special

Saturday, September 29 at 9 p.m. 

The program examines the alarming rise of heroin-related overdose deaths in the U.S.