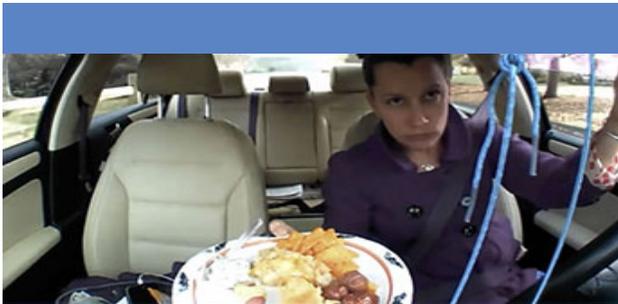


# UEN-TV Monthly Health Highlights - March 2019



## Bell Ringer: The Invisible Brain Injury

Friday, March 1 at 8 p.m.

Dive into the complexities of the injured brain, examining what occurs in the brain during a concussion, how researchers are studying physical impact and neurological injuries and the safe protocols for returning to play.

## A Spark of Nerve

Monday, March 4 at 9 p.m.

Dr. Susan Mackinnon is restoring movement to limbs that many doctors believe to be permanently paralyzed. It's not science fiction! With a pioneering technique called nerve transfer surgery, patients are rewired with their own redundant nerves, retraining the brain to move lifeless muscles.

## 3 Seconds Behind the Wheel

Tuesday, March 5 at 9 p.m.

Follow eight drivers (between the ages of 18 and 65 in Florida and Connecticut) over six months using in-car cameras and tracking technology to monitor the often-hidden behavior of distracted drivers.



## NHK World Japan Special: Medical Frontiers

Friday, March 8 at 8 p.m.

Niigata is the top producer of rice in Japan. The latest research reveals that rice helps to reduce the risk of obesity.

## Sidelined: Concussions in Sports

Friday, March 15 at 8 p.m.

Discover how medical experts are finding new ways to identify and treat brain injuries, while coaches, lawmakers and doctors seek new ways to protect athletes from injury.

## I Go Home

Tuesday, March 19 at 9 p.m.

Learn of the role institutionalization played in the life of people with intellectual disabilities in 1960s America. Archival photos and footage along with interviews with people with intellectual disabilities, advocates, researchers, scientists, parents, social workers and many more help raise awareness about the issue and shine a light on the struggles and triumphs of the disability rights movement.



## NHK World Japan Special: A World of Boisterous Silence

Saturday, March 23 at 9 p.m.

Children who cannot hear learn through sign language at a Tokyo school. Their small hands weave together many words.

## Surviving the Teenage Brain

Tuesday, March 26 at 9 p.m.

What if teenagers are doing exactly as nature intended by being selfish, reckless, irrational, irritable and impossible?

## Discovering New Purpose

Thursday, March 28 at 9 p.m.

Four amazing panelists will share ideas to help women navigate transitions through finding new paths, passions, and purpose.

## Healed: Music, Medicine and Life with MS

Thursday, March 29 at 8 p.m.

A look at how renowned cornet virtuoso Jim Klages persevered and thrived with multiple sclerosis.