

UEN-TV Monthly Health Highlights - May 2019



The Not So Secret Life of the Manic Depressive: 10 Years On



Friday, May 3 at 8 p.m.

Comedian Stephen Fry offers valuable insight into the roller coaster journey of living with mental illness and examining how the past decade has changed our understanding of bipolar disorder.

Tending Nature



Saturdays at 7:30 p.m. beginning May 4

The series examines how humans are necessary to live in balance with nature and how traditional practices can inspire a new generation of Californians.

Silent Souls Weeping: Emerging from Depression



Friday, May 10 at 8 p.m.

Jane Clayson Johnson shines a light on the desperate, dark, and lonely reality faced by those who struggle with clinical depression. She has drawn upon scores of real-life experiences in an effort to open a dialogue—a new level of honesty, authenticity, and hope for those who suffer.



Old Guys and their Airplanes: The Chris Morgan Story



Wednesday, May 15 at 8:30 p.m.

Chris Morgan was a prisoner of the Japanese from October 1943 through June 1945. That Chris survived is one thing. How he thrived is another.

Safe Enough?



Thursday, May 16 at 9 p.m.

Fifty years after the Federal Government mandated seatbelts in all passenger cars, they're still not required on school buses. Why?

Revolutionizing Dementia Care



Friday, May 17 at 8 p.m.

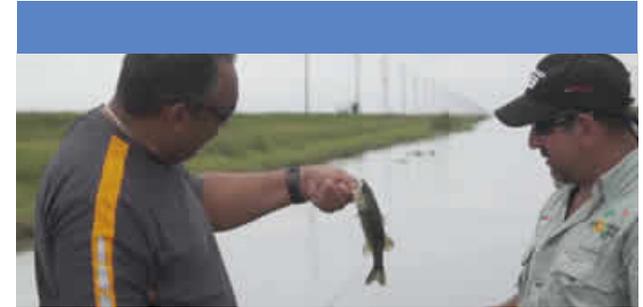
Interviews with residents, family and staff reveal the various ways models of person-centered care and its impact on both the recipients and providers of those services.

Ecosense for Living



Thursdays at 8 p.m. beginning May 23

The series aims to empower viewers with practical solutions geared toward saving money, treading lighter on the planet and improving quality of life.



Into The Light



Friday, May 24 at 8 p.m.

A Marine returning from Afghanistan with psychological injuries meets a therapist who is confronting her own family's struggles with mental illness.

Rudy and Neal Go Fishing



Saturday, May 25 at 8 p.m.

Neal's calm demeanor and supportive approach enable Rudy Watt, a U.S. Army veteran suffering from post-traumatic stress disorder, to spend a relaxing day out on a boat and enjoy time with his companion.

Healing Baltimore's Harbor: A Pipe Dream?



Thursday, May 30 at 8:30 p.m.

Every year, millions of gallons of sewage seep out of the city's aging underground sewage infrastructure and into Baltimore's waterways.

Crazy



Friday, May 31 at 8 p.m.

Eric's doctors want to medicate him for his own protection, but after eight years of anti-psychotic meds, Eric wants to refuse the drugs he believes cause more harm than good.