

UEN-TV Monthly Health Highlights - October 2019



Being the Change: A New Kind of Climate Documentary



Tuesday, October 1 at 9 p.m.

NASA/JPL climate scientist Dr. Peter Kalmus shows us how a dramatic reduction in fossil fuel use can make us happier and more balanced individuals.

The Poor Farm



Wednesday, October 2 at 8 p.m.

The Eastmanville Poor Farm provided a home for the sick, the elderly, the disabled and anyone else unable to live independently in our society.

Overcoming Depression: Mind Over Marathon



Fridays at 8 p.m. beginning October 4

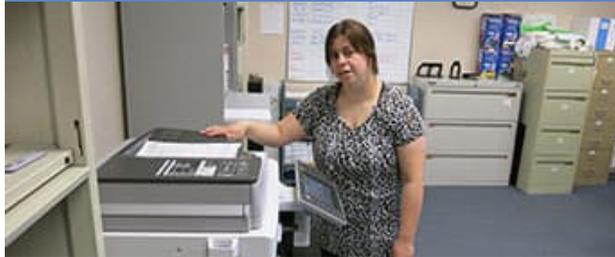
Ten unlikely runners living with or affected by mental health issues train for the London Marathon.

Live Art: Love



Sunday, October 6 at 8 p.m.

Youth with and without developmental disabilities work together in a variety of performing and visual arts classes throughout the year, culminating in a final concert for the community celebrating the importance of human connection.



Learning to Drive



Tuesday, October 15 at 8:30 p.m.

A feisty young man with Down syndrome is determined to convince his scatterbrained brother to teach him how to drive!

I Go Home



Tuesday, October 15 at 9 p.m.

A look at how people with intellectual disabilities were treated in society in 1960s America.

Employment Matters



Saturday, October 19 and 26 at 8 p.m.

Explore the untapped market and huge potential of the intellectually disabled in the workplace.

Aging Matters: Loneliness and Isolation



Saturday, October 19 at 8:30 p.m.

Characteristics linked to social isolation and health risks associated with loneliness are examined.

Oceans of Pink



Saturday, October 19 at 9 p.m.

Stories speak to a widespread problem in the Hispanic population: women tend to seek breast scans much later than other groups, preventing early detection.



Insecta: Science that Stings



Monday, October 21 at 8:30 p.m.

Insect scientists explore the painful stings and the fascinating science behind a variety of bugs.

NHK Special: Jared Diamond's Rise of the Third Chimpanzee



Mondays at 9 p.m. beginning October 21

Dr. Jared Diamond looks to evolution for clues and dives into the origins of human language, revealing that the "third chimpanzee" is man.

Re'flect: Successful Aging Defined



Tuesdays at 8:30 p.m. beginning October 22

This series provides insight into the active world of today's seniors who are living out loud and defying stereotypes associated with aging.

Going Home



Tuesday, October 22 at 9 p.m.

Learn of the journey towards inclusion for people with intellectual disabilities.

NHK: Recovering from Being Bedbound



Friday, October 25 at 8 p.m.

A 3-year investigation is conclusive: the era of regenerative medicine is here.