

UEN-TV Monthly Health Highlights - February 2020



Drugged Driving?

Thursday, February 6 at 8:30 p.m.



Increasingly, health care, safety and law enforcement experts point to a dangerous new trend -- driving impaired from illegal drugs, pills or even common prescription medicines. The program explores how medications can impair vision and balance, cause drowsiness or even render a driver unconscious.

Health and Well-Being for Young Women

Thursday, February 6 at 9 p.m.



What can teens and young adults do to stay healthy and strong physically, mentally, and emotionally? This interactive and engaging workshop is designed for young women and influencers and will focus on a variety of topics including body image, anxiety, depression, resilience, fitness, nutrition and more.

Ageless Living

Fridays at 8:30 p.m. beginning February 7



The series is a must for anyone who wants to improve their health, lead more vital, resilient, meaningful and purpose-driven lives, expand their creativity, experiment with alternate lifestyles, enjoy more loving relationships, contribute to greater sustainability and create legacies of greater value.



Parkland: Healing a Community and a Nation

Thursday, February 13 at 9 p.m.



On February 14, 2018 a shooter took 17 lives at Marjory Stoneman Douglas High School in Parkland, Florida. The program features positive change made closer to home, including an anthem honoring Stoneman-Douglas students by Melissa Manchester and the Douglas choir.

Ocean Vet

Mondays at 8:30 p.m. beginning February 17



Ocean Vet follows the exploits of renowned veterinarian Dr. Neil Burnie and his Ocean Vet team. Together they set out to save, protect, and learn more about Bermuda's critically important marine life and ecosystem.

Defining Hope

Tuesday, February 18 at 9 p.m.



The documentary follows eight patients with life-threatening illness as they make choices about how they want to live, how much medical technology they can accept, what they hope for and how that hope evolves when life is threatened.



Unchained: Generational Trauma and Healing

Thursday, February 20 at 8 p.m.



The documentary that examines the lingering trauma handed down from the American slavery system. Men and women describe how they broke the emotional chains passed down from their slave ancestors.

Grenfell: The First 24 Hours

Thursday, February 20 at 9 p.m.



In June of 2017, a small fire spread into a massive calamity in a London apartment block, killing 72, the deadliest event in the city since World War II. It documents the rescue efforts made, as well as the heart-warming acts of compassion that resonated long after the flames were put out.

Go Public: A Day in the Life of an American School

Thursday, February 27 at 8 p.m.



Administrators, teachers, students, support staff and volunteers lead us on journeys that reveal their unique contributions in making a public school district function. No voice-over narratives or expert commentaries, just an authentic window into the world of public education.