

UEN-TV Monthly Health Highlights - January 2020



Community Advocacy Training For Utah Women



Thursday, January 2 at 8 p.m.

Viewers will come away with specific ideas on how to advocate for a cause, equipped with practical tips and tools for successful community action.

Close to Home



Fridays at 8:30 p.m. beginning January 3

Follow physicians and their patients through their cancer battles, exploring themes of fear, hope, faith, journey, advocacy and care-giving. The program shares intimate stories of survivors on their journey through cancer.

The Homeless Chorus Speaks



Sunday, January 5 at 8 p.m.

Musicians and homeless advocates Nina Deering and Steph Johnson bring people off the streets and into a small church where they have formed a community of people who share a love of music.



Women's Health and Well-Being



Thursday, January 9 at 8 p.m.

Nearly one in two women in the U.S. will experience some form of sexual violence in her lifetime and unfortunately Utah has the same overall rate. Presenters will discuss these important issues, including prevention, intervention and response strategies.

Real Tools for Women's Mental Health



Thursday, January 9 at 8:30 p.m.

The host talks about trends in women's mental health and shares the top strategies and tools that help women thrive. Women face unique challenges and there are unique tools to help!

Horse Powers: From the Land of the Vikings



Saturday, January 11 at 8 p.m.

Horse Powers shows the long time bonds between horses and humans via 3 portraits: an adventure horsewoman competing in the world's toughest & longest horse race, a mountain horse family living off the land and a war veteran suffering from PTSD and getting help from the four legged doctors.



DeBakey



Saturday, January 18 at 8 p.m.

In World War II, Michael E. DeBakey developed surgical principles which were the beginning of the M.A.S.H. unit. He helped lay the foundations for both the Veterans Administration Hospital system and the National Library of Medicine. His presence in Houston helped build the Texas Medical Center, which is the largest medical center in the world. His innovations in the field of cardiovascular surgery are legendary and include development of the roller pump for cardiac bypass, the treatment of complex aortic aneurysms, carotid and coronary bypass surgery and the left ventricular assist device.

Men Caring



Friday, January 31 at 8 p.m.

In a field traditionally held by women, these compassionate men tell personal stories of how they were inspired to become caregivers for this special population, adults with disabilities.