

# UEN-TV Monthly Health Highlights - July, 2021 on Ch.



## Opioids and First Responders

Thursday, July 1 at 9:30 p.m.

Take a look at the rescue workers who fight every day on the frontlines of the opioid epidemic. The program features three teams of firefighters and paramedics and follows along on several emergency calls as they respond to overdose cases, revealing the draining struggle of fighting the pervasive and deadly drug.

## The Boomers' Guide to Aging Well

Friday, July 2 at 8:30 p.m.

Baby boomers are facing ever-increasing challenges, as they grapple with their own health issues while at the same time caring for their aging parents and sometimes even their own spouses. Learn how boomers can manage these varied responsibilities while still maintaining their own physical and mental health, including resources and organizations designed to help.

## Trauma Healers

Friday, July 8 at 8 p.m.

The film focuses on the devastating impact that road traffic accidents and other traumatic injuries have on residents of low-resource countries, who often lack access to adequate surgical care.



## NHK Special: What You Taught Me About My Son

Friday, July 16 at 8 p.m.

This program is about the heartfelt interaction between Naoki Higashida, the autistic author of *The Reason I Jump* and fellow author David Mitchell who translated the book and whose son is autistic.

## Prescription for Peace of Mind: An Option for the Terminally Ill

Tuesday, July 27 at 9 p.m.

Patients diagnosed with a terminal illness want as many pain-free days as possible. Toward the end of life, many patients get palliative care, but it doesn't always end the pain. That's why many patients want their state legislators to pass a bill that will allow them to use a prescription for medication to end their lives.

## The Art of Aging Well

Friday, July 30 at 8:30 p.m.

Featuring practical tips, real-life success stories and the latest from leading medical experts on aging, while giving older adults the insights and inspiration they need to live healthier, more satisfying lives.

## Americans with Disabilities Act



## Roadtrip Nation: Being You

Thursday, July 1 at 8 p.m.

Roughly one in five people lives with learning and attention issues (LAIs) like ADHD and dyslexia, yet many of those who live with LAIs feel alone. They're not. This program shares inspiring stories of struggle, self-acceptance and success.

## Miracle Body

Monday, July 19 at 9 p.m.

Celebrated wheelchair Paralympian Tatyana McFadden was born paralyzed from the waist down. McFadden spent her early childhood in Russia and her early years were spent without a wheelchair, using her hands to move around.

## Cycle of Health

Friday, July 23 at 8 p.m.

Meet the people and organizations working to create inclusion for those with disabilities.

## My Fight for Inclusion: The Kayla McKeon Story

Friday, July 23 at 8:30 p.m.

2020 marked the 30th anniversary of the Americans with Disabilities Act, a landmark civil rights legislation that transformed the lives of millions of people. But 30 years later, people with disabilities still face barriers.