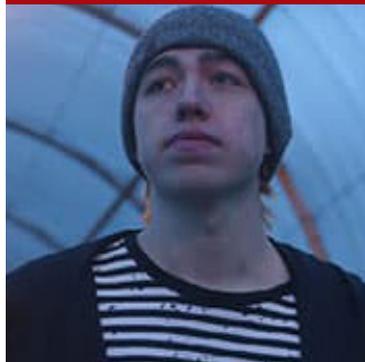


UEN-TV Health Highlights - October 2021

Mental Health



Uncertainty: Why We're So Anxious about Anxiety

The film provides resources and offers hope to those suffering anxiety disorder. What is anxiety? And what can be done about it? The film provides some answers.

Tuesday, October 5 at 8:30 p.m. UEN 9.1

Haleakala: A Trek for Dignity

A group of mental health advocates; some of whom were diagnosed with a mental illness, trek from the summit of Haleakala volcano to sea level.

Saturday, October 23 at 8 p.m. UEN 9.1

Breaking Loneliness

Loneliness is a social epidemic that is impacting all age groups around the world. Although most of us are connected on social media, we have never felt more alone.

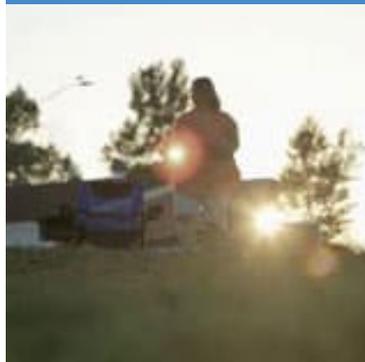
Saturday, October 23 at 8:30 p.m. UEN 9.1

Orchestrating Change

The Me 2 Orchestra, the only classical music organization in the world created by and for people with mental illness demonstrating what people with mental illness can accomplish while working together.

Saturday, October 30 at 8 p.m. UEN 9.1

Disabilities



My Fight for Inclusion: The Kayla McKeon Story

Kayla McKeon, who has Down syndrome, is a registered lobbyist changing laws and biases for millions with disabilities nationwide.

Saturday, October 9 at 8 p.m. UEN 9.1

I Go Home

View how those with intellectual disabilities were treated in society, the resulting changes that were needed, and the community-based efforts in place today.

Saturday, October 16 at 8 p.m. UEN 9.1

Secret in the Bones: The Search for the Black Death Killer

DNA samples from centuries-old and modern-day plague victims attempt to identify an ancient killer and change the way we fight disease today.

Monday, October 25 at 9 p.m. UEN 9.1

Cycle of Health: A Move to Include Special

Meet the people and organizations working to create inclusion for those with disabilities.

Friday, October 29 at 8 p.m. UEN 9.1

Breast Cancer Awareness



Oceans of Pink

Watch the explosive growth of dragon boat racing among breast cancer survivors globally and the growing participation in the sport among Hispanic women.

Friday, October 1 at 8 p.m. UEN 9.1

The Cure

Three courageous women navigate their way through medical fact and fiction while challenging the multi-billion dollar cancer industrial complex to find their way to health, hope and healing.

Friday, October 15 at 8 p.m. UEN 9.1

A Journey through Breast Cancer

The film raises public awareness, provides an innovative resource across diverse fields of education and the need for enhanced health communication when facing illness and disease.

Friday, October 22 at 8 p.m. UEN 9.1