

# UEN-TV Health Highlights - December 2022

## Of Interest



### Kids vs. Screens

Dan Riskin, a biologist, science journalist and author, explores the latest research to discover how smartphones and other screens can affect children's development, learning abilities and mental health.

**Thursday, December 1 at 9 p.m.**  
**UEN 9.1**

### Arts + Medicine

The program connects the arts and healthcare through the power of storytelling. Physicians share their experiences with race, racism, disparities in health care and representation.

**Thursday, Dec. 15 at 9 p.m.**  
**UEN 9.1**

### Accidental Host: The Story of Rat Lungworm Disease

Learn of the frightening spread of a foodborne parasite that invades human brains and now thrives in tropical areas of five continents, including Hawaii and Florida.

**Monday, December 12 at 9 p.m.**  
**UEN 9.1**

### Hope is Here

View inspiring and uplifting, relevant and refreshing, personal stories told by cancer survivors, their families and loved ones of those who lost the fight against this "emperor of all maladies."

**Tuesdays at 9 p.m. beginning December 13**  
**UEN 9.1**

## Of Interest



### Tuning the Brain with Music

An inspiring documentary positing that the transformative healing powers of music on the mind deserve to be recognized and heard.

**Monday, December 26 at 9 p.m.**  
**UEN 9.1**

### Becoming Trauma Responsive

Explore the effects of childhood trauma on learning, behavior and developing relationships.

**Thursday, Dec. 29 at 9 p.m.**  
**UEN 9.1**

### Hearts of Glass

The story of a state-of-the-art hydroponic greenhouse in Jackson Hole, Wyoming provides meaningful employment for people with disabilities.

**Saturday, Dec. 31 at 8 p.m.**  
**UEN 9.1**

### Attakapas: The Cajun Story

Learn of the Acadian's departure from France and their expulsion from Nova Scotia to their arrival at the Poste des Attakapas, now St. Martinville, in Louisiana.

**Saturday, Dec. 31 at 11 p.m.**  
**UEN 9.1**

## Holiday Programs



### Anthony Williams' Urban Nutcracker

This special features behind-the-scenes footage of the production and commentary on how accessibility and representation in the arts creates community and empowers youth.

**Saturday, December 10 at 8 p.m.**  
**UEN 9.1**

### Dreaming of a Jewish Christmas

The film tells the story of the unlikely Jewish immigrants who, enamored with Broadway and Hollywood, wrote some of the most popular songs in America: Christmas music.

**Wed. Dec. 21 at 9 p.m. and Sat. Dec. 24 at noon**  
**UEN 9.1**

### America's Forest: U.S. Capitol Christmas Tree

Follow the journey – from selection and cutting of what will become the U.S. Capitol Christmas Tree as it makes its way from Colorado to Washington D.C.

**Friday, Dec. 23 at 9:30 p.m.**  
**UEN 9.1**

### The Al Walser Christmas Special

The family concert TV Special delivers newly inspired original Christmas songs written by Al Walser, from one of the world's smallest countries, Liechtenstein,

**Saturday, Dec. 24 at 6 p.m.**  
**UEN 9.1**