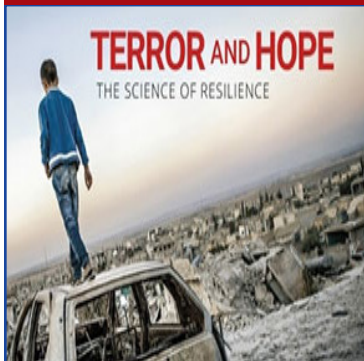


# UEN-TV 9.1 Health Highlights - June 2023

## Of Interest



### Terror and Hope: The Science of Resilience

Follow scientists and humanitarians as they hope to heal Syrian refugee children traumatized by the devastating stress of war. Science fueled by compassion. A future driven by hope.

**Thursday, June 1 at 8:30 p.m.**

### Walk with Frank

A 70 year old Vietnam War veteran decides to walk across New York State to confront his demons while helping walk with other survivors of PTSD take their first step toward healing.

**Thursday, June 1 at 9 p.m.**

### Getting Dot Older

Focusing on intimate personal revelations about aging, the program features diverse members of the Baby Boomer generation. Each subject is asked the same 21 questions designed to produce intimate and thoughtful responses.

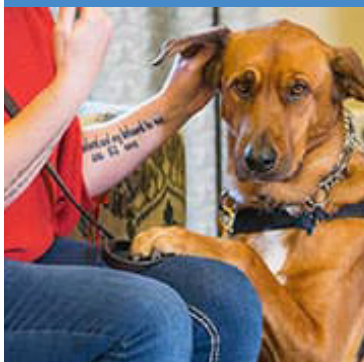
**Tuesdays at 8 p.m. beginning June 6**

### Living with Alzheimer's and Dementia

The program weaves together personal stories of those who are living with dementia with insight from their care partners, those with dementia.

**Tuesday, June 6 at 9 p.m.**

## Of Interest



### A New Leash on Life: The K9s for Warriors Story

3 U.S. veterans struggling to adapt to life back home, suffered from PTSD after returning. Each has found hope and new ways to handle challenges through the aid of a companion dog.

**Saturday, June 10 at 8 p.m.**

### 7 Days: The Opioid Crisis

All it takes for someone to become dependent on opioids is seven days of use. Take an empathic, delicate look at some of the individuals who have become the face of this national tragedy.

**Thursday, June 15 at 9 p.m.**

### Camp TV

Welcome to CAMP TV - a day camp experience in your living room! An enthusiastic head counselor, played by Zachary Noah Piser, guides "campers" as they learn through play.

**Mondays through Fridays, at 1 p.m. beginning June 19**

### Alzheimer's: What You Can Do

Learn of the research that shows how our social interactions, diet, sleep patterns, exercise, stress levels and other daily health habits have dramatic effects on our cognitive abilities as we age.

**Tuesday, June 20 at 9 p.m.**

## Of Interest



### Runner

Guor Mading Maker makes a difficult and triumphant journey from refugee to a world-renowned athlete. See animated flashbacks of Guor's upbringing, and culminating in a heart-wrenching reunion with his parents after a 20-year separation.

**Thursdy, June 22 at 7:30 p.m.**

### P.O.W.: Passing On Wisdom

Vietnam Prisoners of War recall their experiences and the inspirational story of how they not only survived their imprisonment, but found growth and gratitude afterwards.

**Saturday, June 24 at 9 p.m.**

### Healthy Minds with Dr. Jeffrey Borenstein

One in five people has a diagnosable mental disorder. For many families, the fear and shame associated with a diagnosis of mental illness can lead to isolation and suffering in silence. Now Borenstein says there is hope.

**Tuesdays at 9 p.m. beginning June 27**

### Medical Stories

The stories of patients are revealed by their incredible willpower to help inspire, improve and transform lives of others through their own personal narrative.

**Tuesdays at 9:30 p.m. beginning June 27**