

UEN-TV 9.1 Health Highlights - September 2023

Series	Students in Focus	Garden Smart	Conscious Living	Innovations in Medicine
	<p>UEN-TV's new program showcases student work from across Utah. Featured works include documentary, narrative, PSA and more pieces that provide insight into the pressing matters on students' minds today.</p> <p>Sept. 2 and 16 at 6:30 p.m.</p>	<p>Learn valuable gardening tips, the latest trends "on the verge" and design advice, all with the purpose of making gardening fun and interesting. "Garden Smart" is filmed each week at beautiful resorts and gardens in every region of the country.</p> <p>Wednesdays at 5 p.m.</p>	<p>Through the fun adventures of its multiracial hosts - vegan chef Michael and his yogi wife, Bianca explore what it takes to be a more mindful human.</p> <p>Wednesdays at 5:30 p.m.</p>	<p>This series is topic driven with emphasis, for example, on obesity, sleep, sports medicine, cancer breakthroughs, plastic surgery and newest ways to stop back pain.</p> <p>Sundays at 11 a.m.</p>
Of Interest	Lillie D. Shockney: Breakthrough Women in Science & Medicine	Opioids and First Responders: Answering the Call	Passion in a Pandemic	Unseen: How We're Failing Parent Caregivers & Why It Matters
	<p>A two-time cancer survivor, Shockney has been breaking down barriers and building new opportunities to improve the medical, physical and emotional care given to breast cancer patients.</p> <p>Monday, Sept. 4 at 8:30 p.m.</p>	<p>Interviews with the emergency responders detail the emotional and physical impacts of trying to save people struggling with addiction day in and day out.</p> <p>Tuesday, Sept. 12 at 9:30 p.m.</p>	<p>Students in a small public high school in New Hampshire learn and perform opera arias from a celebrated conductor and a former opera singer in the midst of the Covid pandemic.</p> <p>Sunday, Sept. 10 at 8 p.m.</p>	<p>The program offers an unfiltered, honest glimpse into the lives of millions of parent caregivers and their families.</p> <p>Thursday, Sept. 14 at 9 p.m.</p>
Of Interest	The Addict's Wake	A Voice for the Rivers	Invisible Corps	Polytrauma Rehab in the VA: Compassionate Care
	<p>Following a rash of overdose deaths, a community is full of hope, pulling together, finding ways big and small to push back a destructive wave that is consuming communities across the country, Substance Use Disorder.</p> <p>Thursday, Sept. 14 at 8:30 p.m.</p>	<p>Learn of four riverkeepers: dedicated scientists, environmental activists, educators, volunteers and advocates who work daily to protect and restore the rivers of Maryland's Eastern Shore.</p> <p>Saturday, Sept. 23 at 8:30 p.m.</p>	<p>Who protects the health of the citizens of the United States? This program shows the evolution of the Public Health Service and the PHS Commissioned Corps, the only uniformed service in the world dedicated to public health.</p> <p>Tuesday, Sept. 26 at 9 p.m.</p>	<p>Richmond, Virginia's VA polytrauma center is one of only five in the country that provides physical recovery and rehabilitation, plus services for physical, mental, emotional and spiritual well-being.</p> <p>Thursday, Sept. 28 at 9 p.m.</p>