

UEN-TV Monthly Highlights - October 2019

Health Literacy Month



Overcoming Depression: Mind over Marathon

Fridays at 8 p.m. beginning October 4

In the ultimate test of mind over matter, ten unlikely runners living with or affected by mental health issues train for the London Marathon.

Medical Frontiers: Search for Superfoods in Oita

Friday, October 18 at 8 p.m.

Travel to Oita where fewer people have died from colorectal cancer over the past ten years than anywhere else in Japan. Learn of three superfoods, in the local diet, kabosu citrus fruit, shiitake mushrooms and onions.

Oceans of Pink

Saturday, October 19 at 9 p.m.

Stories speak to a widespread problem in the Hispanic population: women tend to seek breast scans much later than other groups, preventing early detection.

NHK: Recovering from Being Bedbound

Friday, October 25 at 8 p.m.

A 3-year investigation is conclusive: the era of regenerative medicine is here.

Disability Awareness



Live Art: Love

Sunday, October 6 at 8 p.m.

Youth with and without developmental disabilities work together in a variety of performing and visual arts classes throughout the year, culminating in a final concert for the community celebrating the importance of human connection.

Learning to Drive

Tuesday, October 15 at 8:30 p.m.

This is a short film inspired by the true story of a feisty young man with Down syndrome determined to convince his scatterbrained brother to teach him how to drive!

Employment Matters

Saturdays, October 19 and 26 at 8 p.m.

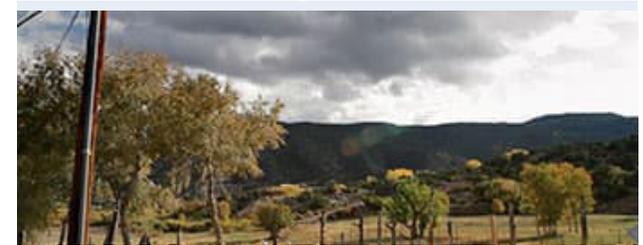
Explore the untapped market and huge potential of the intellectually disabled in the workplace.

Going Home

Tuesday, October 22 at 9 p.m.

Imagine living somewhere you didn't choose. Being told you can't love or leave. For decades, that was reality for people with intellectual disabilities living in state institutions. Examine the journey towards inclusion for people with intellectual disabilities.

Potpourri



A Place to Stand

Sunday, October 6 at 8 p.m.

A true story of how Jimmy Santiago Baca - a man with seemingly no future - became a celebrated poet, novelist and screenwriter.

Journey to Jobs

This series airs on various days and times, please see the complete schedule at (<https://www.uen.org/tv>)

Learn how communities are providing support, advice, and intervention services to youth, veterans and adults in career transition.

Massacre River: The Woman Without a Country

Saturday, October 12 at 9 p.m.

The Dominican Republic reversed its birthright citizenship law and over 250,000 are left homeless.

The Hudson River School

Sundays at 8 p.m. beginning October 13

This series focuses on the founders of the Hudson River School: Thomas Cole and Asher Durand and other influential, prominent members, such as Frederic Church, Albert Bierstadt and Jasper Cropsey.