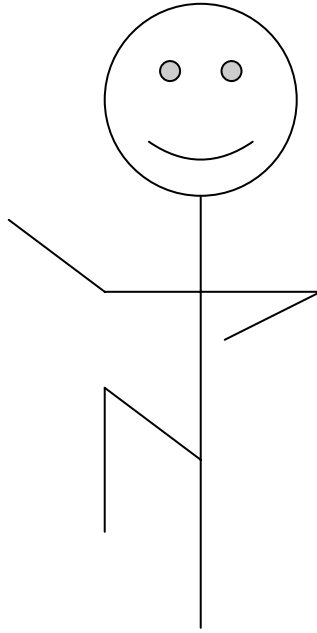
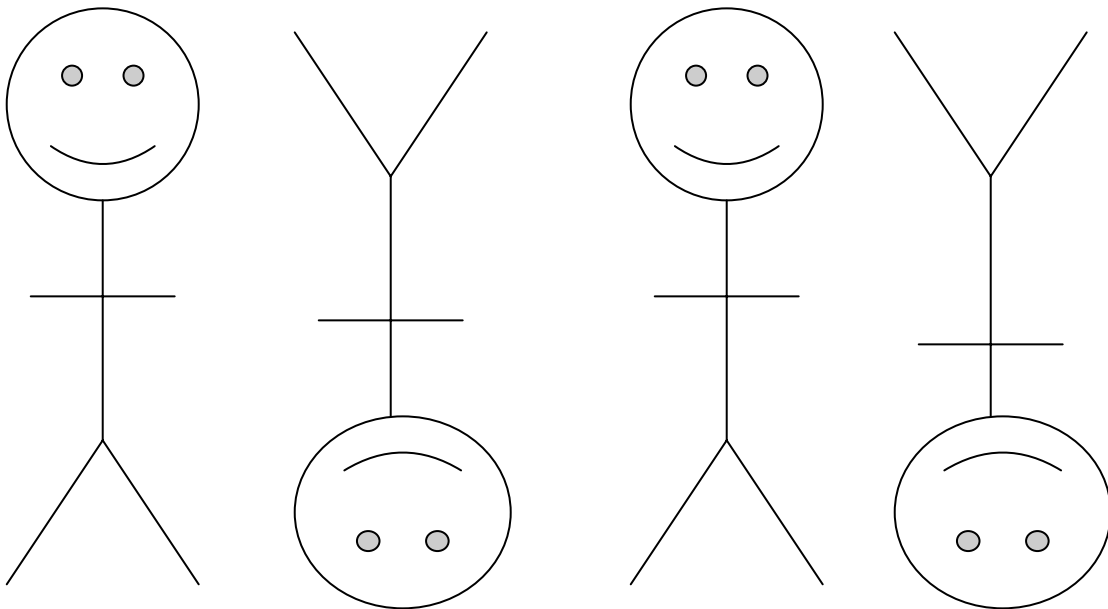


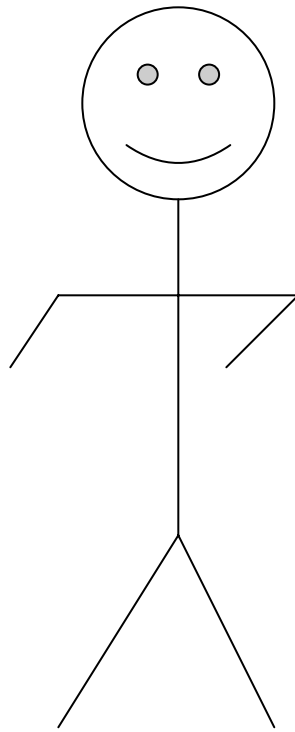
Shipwreck Commands



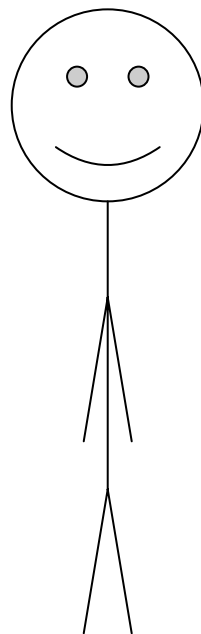
At Ease: Skipping in a circle, smiling at the teacher.



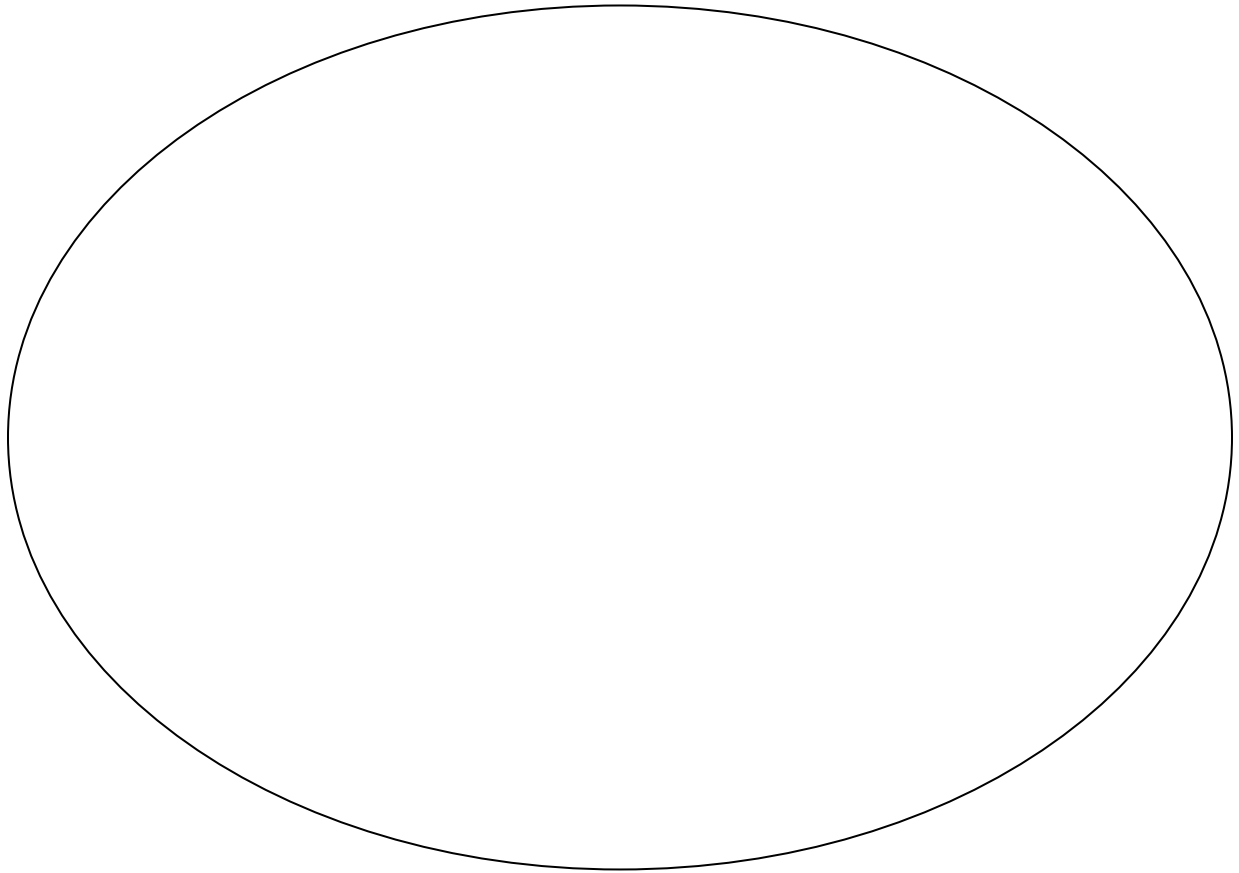
The Galley: Lay in the middle of the gym, alternating every other kid head/feet



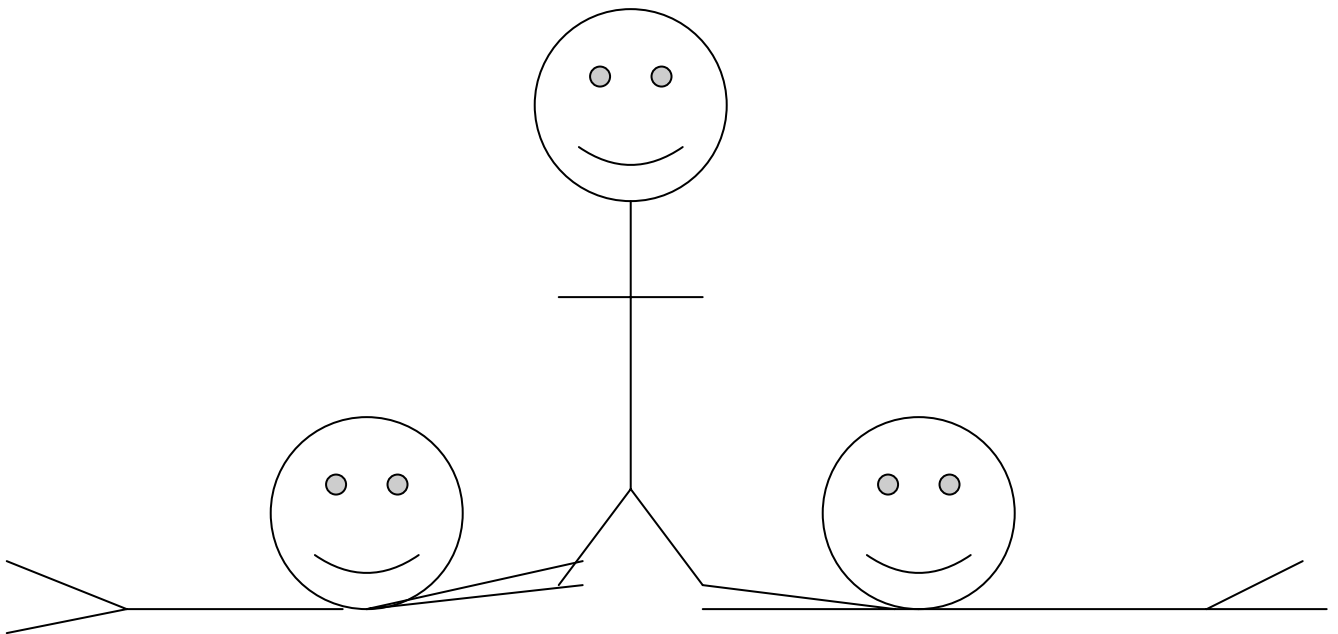
Chow Time: 1 line facing the teacher, holding an imaginary lunch tray



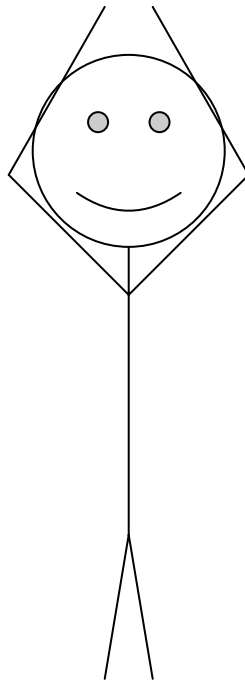
Attention: 1 straight line in front of the teacher, hands to side, feet together, not talking.



Crew Party: One big circle, holding hands



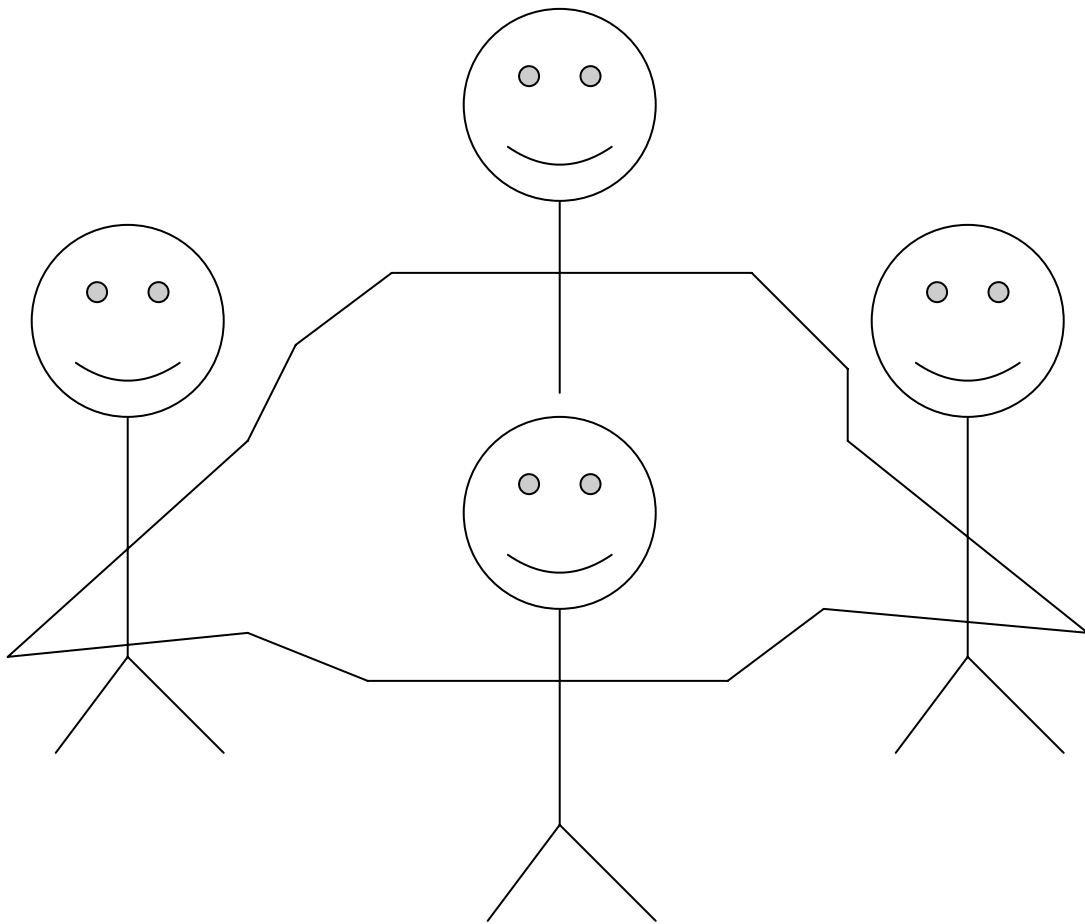
Jaws: 3 people, 1 stands, 2 on the ground, each holding a leg.



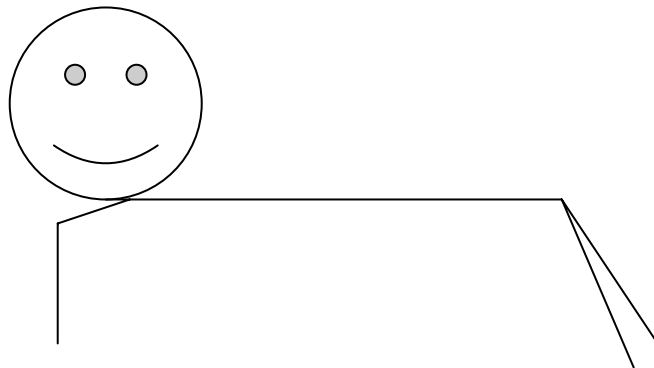
Torpedo: Lay flat on the ground, arms extended, legs together, face down.



Rise and Shine: Two partners, each does 5 sit-ups and then runs to attention.



Man the Lifeboat: 4 people standing in a circle holding hands



Drill: Do 3 push-ups and run to the attention line.