

## MYPYRAMID SORT

Name \_\_\_\_\_ Period \_\_\_\_\_ Assign # \_\_\_\_\_

**DIRECTIONS:** Sort them into the categories of MyPyramid. List them near the base or tip, depending on where they fit. Answer the following questions:

1. Into what categories did the majority of your food selections fall?
2. Were most of your favorite foods near the base of each section or near the tip?
3. What does this tell you?

