

## Possible Topics

### Over-the-Counter and Prescription Drugs

- Common over-the-counter (OTC) and prescription medications
- Community norms and values (Why these drugs are considered safe but not harmless?)
- Possible side effects of OTC and prescription drugs
- Important information you can find on OTC and prescription labels
- Tips for using medicines safely

### Herbal and Natural Remedy Medications

- Common types of herbal and natural remedy medications
- Precautions to take in using these substances

### Addiction

- Definition and causes of addiction
- Inclination toward or ease of addiction
- Physical, emotional, mental and social effects of addiction or dependency
- The withdrawal and recovery process
- Help or assistance for drug-dependant people

### Drugs and the Unborn

- Effects of drug use during pregnancy on both mother and child
- Different drugs and their effect on the unborn

### Marijuana

- Information about marijuana
- Myths about medical uses of marijuana
- Dangerous effects of marijuana

### Inhalants

- Information about inhalants
- Dangerous effects of inhalants

### Other Drugs

- Dangerous effects of methamphetamine
- Dangerous effects of LSD, PCP, and other hallucinogens
- Dangerous effects of heroin or other narcotics or depressant drugs
- Dangerous effects of steroids
- Dangerous effects of caffeine
- Dangerous effects of club drugs
- Dangerous effects of alcohol
- Dangerous effects of tobacco

