



Teacher Notes

Research Report on the Effects of Regular Pornography Consumption

Taken from "What's the Bid Deal about Pornography? A Guide for the Internet Generation" pg. 39 – 41, Jill C. Manning

1. Decreased sensitivity toward women—showing more aggression, rudeness, and/or less respect (This happens, in part, because people start to see the women in pornography as objects for their own sexual pleasure rather than as human beings who have thoughts, feelings choices, family relationships, and needs.)
2. Decreased sensitivity and increased tolerance of sexually graphic material
3. Increased risk of believing rape is not a serious crime or that rape victims are to blame for this type of abuse (This happens when people watch rape scenes in pornography and begin to be aroused by violent, sexual acts, rather than being disturbed or repulsed by them.)
4. Increased risk of being exposed to incorrect information about human sexuality.
5. Increased risk of developing unhealthy and unhelpful views about sexuality (views that do not enhance the health of a person or a relationship)
6. Increased risk of thinking less common sexual practices happen more often than they really do
7. Increased risk of getting involved in sexual behavior that is risky, unhealthy, or illegal (such as hiring prostitutes)
8. Increased risk of experiencing difficulties in intimate relationships
9. Increased risk of becoming aggressive or violent (Sexually violent images have the worst impact on a person's behavior)
10. Increased risk of becoming sexually abusive towards others
11. Decreased desire to marry one day
12. Decreased desire to have children and raise a family one day
13. Decreased trust in your boyfriend, girlfriend, or spouse
14. Increased risk of believing long-term relationships are not even realistic
15. Increased risk of becoming sexually dissatisfied with your future spouse
16. Increased risk of cheating on your spouse once our are married
17. Increased risk for separation and divorce once you are married
18. Increased risk of viewing promiscuity or casual sex with many people as normal and natural behavior that has little to no consequences
19. Increases risk of getting fired from your job (if your looking at pornography at work)
20. Increased risk of believing there is nothing wrong with being sexually active with someone you have no emotional involvement with or commitment to
21. Increased risk of developing a negative body image
22. Increased risk of developing sexually compulsive and/or addictive behavior