

**TEACHER BACKGROUND INFORMATION
DATING RIGHT OF WAYS
(DATING RIGHTS)**

As a date, you have the right to:

1. **Be yourself.** You are a unique person and can make decisions for you concerning you. You have a special personality and need not try to be or act like anyone else. Nobody has the right to pressure you to do something you don't want to do just to please them. If dates don't like you for what you stand for, let them date someone else.
2. **An enjoyable, safe date.** Be sure you understand what the activities are for the evening. If you feel uncomfortable about them, don't go.
3. **Have your values respected.** The values you have established in your life are important to you. Others may have different values, but that's their business. They don't have the right to make fun of you or try to change your values.
4. **Care for and protect your body** from substances, dangerous activities, or sexual advances.
5. **Establish and protect your reputation.** You have the right to act in a way that makes you proud of your actions--not ashamed of them. You have the right to refuse cheap experiences that degrade you or would lower your self-esteem.
6. **Be free from guilt and fear.** You can be free from the fear of pregnancy, free from the fear of AIDS and others STD's, free of guilt and regret by simply saying No to premarital sexual activity.
7. **Say "NO".** It isn't easy to say no to your friends when they are planning an activity that is risky or illegal, especially if they dare you, or threaten you. Saying no will help you gain confidence and feel good about yourself.