

**TEACHER GUIDELINES
SEXUAL CHOICES BRING CONSEQUENCES**

1. Prepare a serving tray with an assortment of six (6) different types of wrapped candies. As the students come into class, invite them to take one piece of candy. Tell them they may abstain if they prefer, but give instructions not to eat their candy until you tell them to. After everyone has had a choice, ask the students if anyone would like to trade the candy they chose for another kind. Make any trades requested. Offer to trade a couple of times.
2. Call roll or do any other class business. Mention to some students that their friends chose a different variety of candy, and ask them if they wouldn't rather have one like theirs? Attempt to apply some peer pressure.
3. Then ask the class if anyone would like another candy. Walk through the classroom and let the students choose a second candy--still not eating either piece. Ask if anyone would like to trade either of their candies. Stress that they have the choice and can change their mind if they would like to.
4. Write the following statement on the board in big letters:

"Sexual Choices Bring Consequences"

Discuss with the class the idea that while one can make their own choices about sexual behaviors, often the consequences are out of their control. That is what has happened today. Using the chart on the following page, tell the students the consequences of the choices they have made today through their candy selection.

5. After giving the students the results, summarize the activity as follows:

Just like this activity, you make your own choices. Once your choices are made, the consequences are sometimes out of your hands. In a sense, you may lose control of the consequences. Others may influence you or pressure you, but ultimately it is your choice whether or not to take risks. Choose carefully--your life may depend upon it!

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If you chose:	The consequences are:
Candy 1	You are "dumped"; lose self-esteem
Candy 2	You're a teen parent; get married at 15; later divorce with 3 children
Candy 3	You test HIV positive at 18; get AIDS at 20; die at 24
Candy 4	You choose abstinence; concentrate on school; earn a 4-year scholarship
Candy 5	Your parents catch you; make you break up; lose their trust and respect
Candy 6	You wait until marriage for sex; have high self-esteem; earn respect from friends/family