
LEARNING ACTIVITIES/TEACHING STRATEGIES - CONT'D:

speaker from a Rape Crisis Center or another specialist that can give your students helpful and correct information. Although the information may appear to be female oriented, and truly they are the most common victims, it is all applicable for both genders. Guys can get set up, too!

As an introduction to this lesson, have pictures of a wide variety of people to show the students and ask them to identify the one who they think would be a rapist. This provides an excellent opportunity to explain the problems of stereotyping and develop an awareness that it is not possible to pick a potential rapist from a group. Generally, the rapist is someone we know very well, rather than a stranger.

4. Examine the possible consequences of teen sexual involvement, including:

4-1 Introductory Activity: Play Dough Art

This activity illustrates how a young person can allow someone else to alter the course of his/her life by not taking charge, being in control, and making your own decisions. Follow the directions provided on page IV-C-62.

a. Teen Parenthood

4.a-1 20 Steps to Teen Pregnancy

Give each student a copy of the student activity guide on page IV-C-63 and ask them to complete it according to the directions. When the students have completed the guide, discuss each item as a class to provide the students with broader perspectives.

Conclude the activity by using the following illustration and an overhead transparency of page IV-C-64:

"Does this list sound like it is taking all of the fun out of being a teenager and dating? Well, just ask yourself this question, "Is it more fun to refrain from having sex as you date or to become a teenage parent?" After all, how can you compare high school dances with changing dirty diapers, or going to a football game with taking the baby to a pediatrician? Would you rather use your money to buy a new CD player and CD s or pay the monthly bills? If you think there is real romance and excitement in being a teenage parent, just check with a teen-age parent!"

LEARNING ACTIVITIES/TEACHING STRATEGIES - CONT'D:

Note: The **20 STEPS TO TEEN PREGNANCY** activity was developed for other teenagers by some teenage parents who do not want others to go through what they are going through and have gone through.

4.a-2 "Rock A Bye" Video

This video is available through the March of Dimes, and addresses issues of teen pregnancy.

4.a-3 Springtime

Read the story, **SPRINGTIME**, (pages IV-C-65 and IV-C-66) to the class and discuss the complications that can occur because of the law as well as being detrimental to healthy teenage development.

Some teacher background information regarding Utah Law and Teen Sexuality is provided on page IV-C-67.

b. STD s and AIDS**4.b-1 AIDS Update**

The information provided on pages IV-C-68 through IV-C-71 can be used as transparencies for discussion guides, or however is appropriate in your classroom.

Note: This is not meant to be a unit on the AIDS disease per se; the focus in this curriculum is simply on STDs and AIDS as a result of sexual choices.

4.b-2 How Could This Have Happened to Me?

Have students read the true stories of Magic Johnson and Krista Blake on pages IV-C-72 and IV-C-73. Their stories tell how their sexual choices led to conclusions they had never even thought of. Have the students complete the student activity guide on page IV-C-74 and discuss their answers as a class.

4.b-3 HIV Risk Rate

Use the activity described on page IV-C-75 to cover the following points:

- HIV is not transmitted through casual contact.
- HIV is mainly transmitted through sexual intercourse or needle sharing with an HIV infected person.
- We can reduce or eliminate our risk of HIV.
- HIV is an equal opportunity disease; it's not who we are, but what we do that places us at risk for HIV.

LEARNING ACTIVITIES/TEACHING STRATEGIES - CONT'D:

4.b-4 AIDS/STD's Video

Some possible sources of current videos are:

- Aids Information Centers
- HBO Specials
- Hospital Education Centers
- Utah State Office of Education

See page IV-C-13 for a listing of specific videos and resources.

4.b-5 AIDS Guest Speaker

Invite a guest speaker to your class to present current information regarding the HIV virus and AIDS. Contact an AIDS Information Center or your local hospital for resources.

4.b-6 Other STD's

Use the chapter or section on STD's in either the Growing Up Caring (Glencoe/McGraw-Hill) or the Contemporary Living (Goodheart-Wilcox) textbook as background information. Have the students read the information and complete the student activity guide, **SEXUALLY TRANSMITTED DISEASES**, on page IV-C-76. Some classroom discussion following this activity will provide an opportunity to dispel myths and present truths regarding STD's and their transmission.

c. Various costs and responsibilities.**4.c-1 Premarital Sex? Perhaps, if.....**

Make overhead transparencies of pages IV-C-77 through IV-C-83. Give each student a copy of the student activity guide, **PREMARITAL SEX? PERHAPS, IF...**, (pages IV-C-84 and IV-C-85) and have them fill in the answers as you present the materials. Add personal or other stories, case studies, etc. as needed. A teacher key is provided on pages IV-C-86 and IV-C-87.

Note: Because of the approach of this material, it is very important that the students be **required** to complete the corresponding student activity guide! This avoids any chances of misinterpretation that the curriculum and/or activity and/or teacher is supporting premarital sexual activity. It is recommended that the teacher check the student activity guides upon completion for thoroughness and accuracy.

4.c-2 Unit Summation: Sexual Choices Bring Consequences

Follow the activity outlined on pages IV-C-88 and IV-C-89 to make the point that our choices sometimes come with consequences we can neither control, change, nor fix.

RESOURCES:**Videos:**

Sexual Responsibility. 20 min. 1989. Home Economics School Service, P.O.Box 802, Culver City, CA 90232-0802. 1-800-421-4246. Catalog Item No. FH248V-82.

Teens Who Choose Abstinence. 24 min. 1993. Sunburst, 101 Castleton St., P.O. Box 40, Pleasantville, NY 10570-9807. 1-800-431-1934. Catalog Item No. 2424-WH.

It Won't Happen To Me. 13 min. 1993. Kaiser Permanente and Concept Media, Inc., P. O. Box 19542, Irvine, CA 92713. 1-800-233-7078. Catalog Item No. 705.1.

AIDS/STD's. 16 min. Media International, 5225 San Fernando Road West, Los Angeles, CA 90039. 1-800-477-7575.

When I Say Stop, I Mean Stop. 25 min. Sunburst, 101 Castleton St., P.O.Box 40, Pleasantville, NY 10570-9807. 1-800-431-1934. Catalog Item No. 2833-PH.

Books:

Eager, George B., *LOVE, DATING AND SEX: What Teens Want to Know.* Mailbox Club Books, 404 Eager Road, Valdosta GA 31602. 1988. ISBN: 0-0603752-95.

Understanding Your Sexuality And Your Choices. Community of Caring, A Project Of the Joseph P. Kennedy, Jr. Foundation.

Other:

Current AIDS Information and Resources, Healthy Lifestyles Specialist, Utah State Office of Education, 250 East 500 South, Salt Lake City, UT 84111. 1-801-538-7500.

Sex Respect Curriculum, Utah State Office of Education, 250 East 500 South, Salt Lake City, UT 84111. 1-801-538-7500.

