## Resource: 2-1

## SIX BASIC EMOTIONS



ANGER:

rage, being uptight, disgust, being mad, vengence, fury, resentment, irritation, being evil, annoyance, being upset, frustration



FEAR:

shyness, timidity, terror, horror, embarrassment, worry, being scared, feeling threatened, panic, being alarmed, being startled, hysteria, shakiness, despair, apprehension, doubt, being astounded, stress, breathlessness, surprise



SAD:

sorrow, depression, loneliness, dejection, gloom, unhappiness, melancholy, somberness, feeling low, regretfulness, feeling blue, shame, pain, distress



HAPPY:

lucky, spirited, joyful, surprised, serene, fortunate, amazed, contented, ecstatic, glad, good, proud, cheerful, good-humored, silly, crazy, giggly, amused, sunny, animated, alive, hilarious, playful, satisfied, peaceful, positive, light-hearted, calm, excited



LOVE:

fondness, puppy love, liking, admiration, affection, infatuation, attachment, friendship, devotion, dreaminess, being head-over-heels, pride, tenderness, adoration, idolizing, sympathy, kindess, caring



HATE:

loathing, abhorrence, alienation, hostility, violence, rage, revengefulness, dislike, incensement, disgust, resentment, irritation, bitterness, scorn