

Name _____ Period _____ Date _____

AN EMBARRASSING EXPERIENCE

Directions: Write about or draw an embarrassing experience you've had.

How did you feel after the above experience? (Identify three (3) feelings.)

Did you handle the situation as an adult or as a child? _____

Explain your answer? _____

Are there any other feelings about this experience you would like to share? _____

If so, what? _____

EMBARRASSING EXPERIENCES

Directions: This story can be used to introduce the topic of most embarrassing experiences. It is a true story with the names being changed to protect the innocent. The students should understand that we can laugh at ourselves instead of lashing out. Laughter sometimes is the best medicine.

BOTTOMS UP!

Josh had always had a way with the ladies. He had to feel as if he would be in control at all times. His hair, clothes, face, and car had to be able to impress them. He was very particular with whom he was seen. The choice had to compliment his best qualities.

One day, Josh got ill to the point where he needed to see the doctor. When he arrived at the doctor's office, he noticed the attractive nurses that the physician employed. Wanting to impress them, he strutted by as he was escorted into the examining room. He hoped that they had noticed how good looking he was.

The attractive nurse took the usual blood pressure, temperature, etc. The doctor examined him and discovered that he had strep throat. The doctor told Josh that he would send in the nurse to give him a shot of penicillin.

Josh panicked because he knew that penicillin shots were given in the "rear". How could he be cool and come off in control with this cute nurse giving him a shot in a most embarrassing place. He decided that he would be one up on her. So he lowered his pants and lay across the examining table so he wouldn't have to look at her.

As the nurse came into the room, she gave a muffled giggle. That put Josh on edge. What in the world was she laughing about? She approached Josh, rolled up the sleeve on his shirt, and gave him the shot in the arm!

Humiliated, Josh waited for the nurse to leave and then quickly pulled up his pants and walked to the reception area. As Josh made his way to the door, the nurse giggled, waved, and said, "Have a nice day!"

(It should be noted that Josh retells this story with the greatest humor. He has the ability to laugh at himself!)

EMBARRASSING EXPERIENCES - CONT'D.

I LIVED THROUGH IT

By Jackie Dalley

One day I was introduced to a very nice looking young man by a mutual friend. I was quite impressed with him and when I saw him on campus I spoke to him--the usual, "Hi, how are you?", etc. I took his return comments and looks as a positive message, but it was really a "who are you?"

One afternoon about two weeks later I needed a speech for the next day, so I went to the library to get some information. When I got downstairs where the card catalog was kept, there sitting at the back table was this nice looking young man. Thinking that he really knew who I was, I placed my hands over his eyes and said in a nice quiet voice, "Guess Who?" He didn't have a clue who I was! I have never felt so awkward and I needed someplace to hide fast. I went to the farthest dark corner of the library and tried to compose myself. As I was sitting there almost in tears, this same young man came over to me and was really nice! He offered to help me with my speech and that made me feel somewhat better. We got along great and had many fun times after that terrible experience.

This story does have a very happy ending--ten months later we got married! We often talk about that day and wonder what if I hadn't been so bold? As I look back at this time in my life I have to laugh, but at the time the floor did not open up fast enough for me to hide. But, as you can tell, I lived through the experience.

