

11x17 inserts

CONFLICT RESOLUTION - CIRCLE PIECES (2 SETS)

Part 1:
Define the conflict or problem.

Part 2:
Verbally summarize the feelings described.

Part 3:
Look for solutions together.

Part 4:
End with an expression of love or respect for each other.

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Part 2:
Verbally summarize the feelings described.

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CONFLICT RESOLUTION - SQUARE PIECES (5 SETS)

Say something positive about the other person.

Describe the specific behavior that bothers you.

Express your feelings using "I" statements.

Admit to your role in the conflict or problem (if applicable).

Say something positive about the other person.

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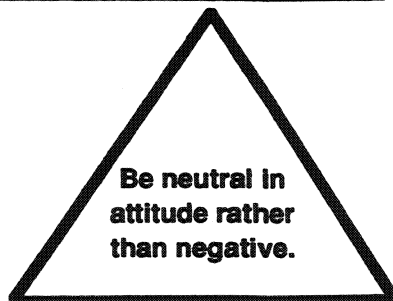
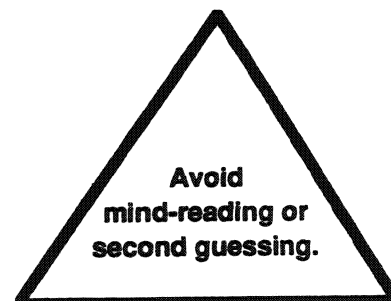
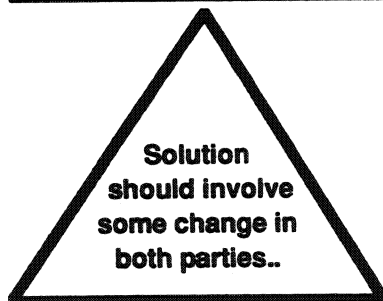
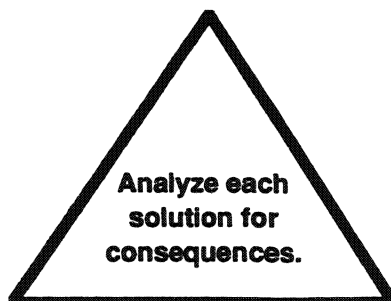
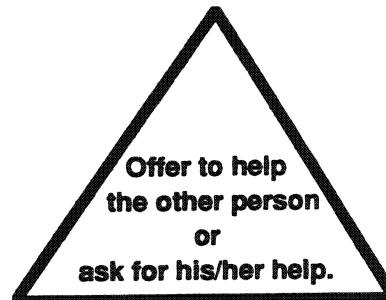
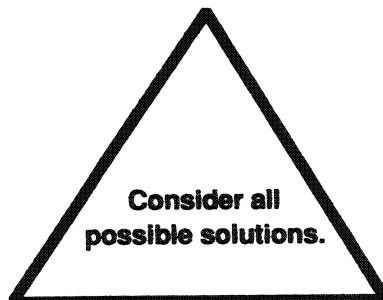
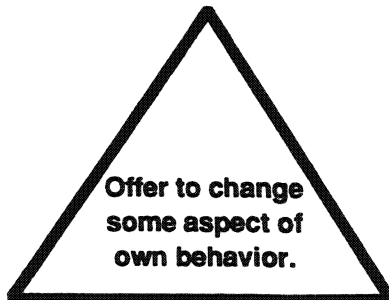
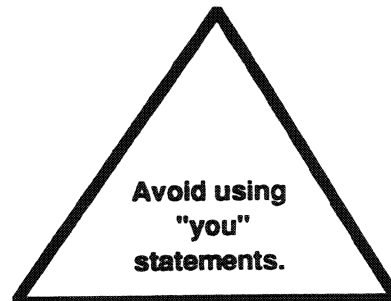
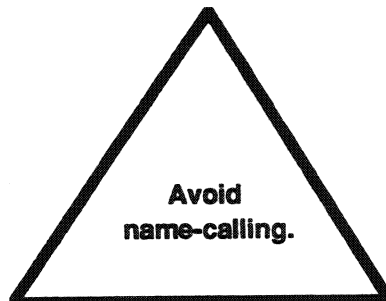
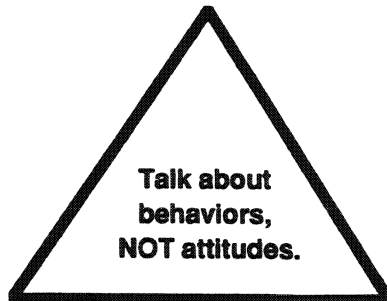
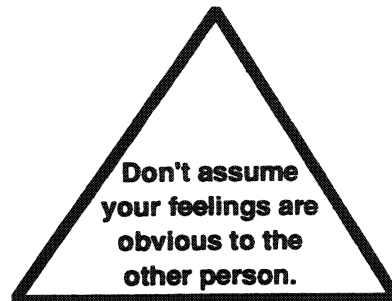
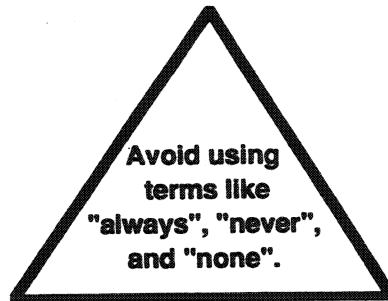
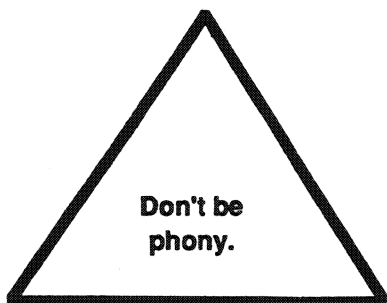
Say something positive about the other person.

Describe the behavior that bothers you specifically.

Express your feelings using "I" statements.

Admit to your role in the conflict or problem (if applicable).

CONFLICT RESOLUTION - TRIANGLE PIECES (1 SET)



CONFLICT RESOLUTION - RECTANGLE PIECES (2 SETS)

Don't attempt to settle the conflict at the scene of the crime.

Be willing to make compromises.

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Set aside a regular time and place for resolving conflicts.

Keep a record of solutions in a small notebook.

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Settle only one conflict at a time and only in established time.

Don't overelaborate, ask "why", or keep repeating self.

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Know what you're going to talk about before you begin.

Examine your motive for bringing up conflict.

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Know what you're going to talk about before you begin.

Don't bring in the past; work only in the present.

Avoid sidetracking (changing the subject).

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Consider the other person's feelings and your relationship

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Treat other person with respect and dignity.

Avoid sidetracking (changing the subject).

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