

Name _____ Period _____ Date _____

BEST INTEREST TEST

When using good judgment to make decisions, it is important to make them for the right reasons--not because you feel pressured or forced into something. By answering the following questions, you should be able to better understand your individual decision-making patterns.

Directions: Consider an important decision you have made recently that relates to your family or your friends and write the decision you made here:

Now: Circle the answer that most accurately reflects your decision.

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|-----|----|-----|---|
| Yes | No | 1. | Was this choice in your best interest? |
| Yes | No | 2. | Was this choice ONLY in your best interest? |
| Yes | No | 3. | Did this choice consider how others would be affected? |
| Yes | No | 4. | Was this decision in others' best interests? |
| Yes | No | 5. | Could this decision be revised to be in your own and others' best interests? |
| Yes | No | 6. | Would this decision have any effect on the daily routine of the family? |
| Yes | No | | If yes, have you worked it out with those involved? |
| Yes | No | 7. | Would this decision have any long range affects on the family, or on future family? |
| Yes | No | 8. | Was your choice fair to those involved? |
| Yes | No | 9. | Were your values compromised by this choice? |
| Yes | No | 10. | Of all the things you could have done in this situation, was this choice the one you believe was the right one? |

When you have finished, analyze your answers, look for signs of selfishness, or long-range effects that might work against you in the future. Ask yourself if you have made your choice for the right reasons.