

DO NOT WRITE ON THIS TEST.
LIST YOUR ANSWERS ON A SEPARATE SHEET OF PAPER.

COMMUNICATION ASSESSMENT

Choose only one answer for each set of questions, even though you may agree with more than one. These questions should be completed from an adult viewpoint.

1. What statement best describes you?
 - a. Physically expressive
 - b. Verbally expressive
 - c. Goal oriented
2. As a child I received
 - a. hugs and kisses
 - b. verbal praise
 - c. gifts and presents
3. My family demonstrated love
 - a. by touching
 - b. by telling each other
 - c. it was just understood
4. In communicating affection to my mate, I prefer to give
 - a. tender kisses
 - b. tender words
 - c. a gift of tender meaning
5. I would most enjoy receiving from my companion
 - a. a hug and a kiss when we meet in the evening
 - b. a phone call during the day
 - c. a surprise note expressing appreciation
6. I would rather have my mate
 - a. be physically expressive and loving
 - b. recognize my efforts with words of appreciation
 - c. repair an item like a screen door or mend a pair of pants
7. For a gift, I would most enjoy
 - a. a coupon that said, "Good for one month of good-morning kisses"
 - b. a personal, handwritten love letter
 - c. my favorite home cooked meal or dinner at a nice restaurant
8. I would prefer
 - a. a night on the town and a late-night dinner for two
 - b. to have my mate pay me a compliment in the company of friends, family, or just when we are alone
 - c. help with the dishes, trim the lawn, or work with me on some project
9. I would prefer
 - a. a kiss
 - b. the words, I love you
 - c. a small gift
10. I would prefer
 - a. a romantic weekend
 - b. a long heart-to-heart talk
 - c. a clean house or well-kept yard
11. It is more important to have my mate
 - a. sit close to me in the car
 - b. talk to me about the day's events
 - c. remember to run an errand for me

12. I would rather
- be embraced and treated romantically
 - be told I am loved
 - be shown, by hard work, that I am loved
13. I would prefer to have my mate
- reach out and touch me
 - say, I love you
 - surprise me with a good deed
14. I would prefer giving
- an embrace
 - a kind word
 - flowers
15. With which of these statements do you most agree?
- I would rather hold hands in public, or walk arm-in-arm and mean it, than live in a fancy house.
 - I would rather be told I was loved than be married to a workaholic who is always giving me everything but him/herself.
 - You should not have to tell somebody you love them all the time; they should know it by the way they are treated.
16. I most agree that:
- Just being held can be emotionally satisfying
 - You cannot know a person unless you really talk to him/her
 - There is a time and a place for everything—showing affection in public makes me nervous
17. I prefer expressing appreciation by
- a pat on the back
 - a phone call
 - sending a note
18. As a reward for good grades, I would give
- some physical expression
 - some praise
 - some money
19. I would be most inclined to criticize a teenager for
- not being respectful of their parents' wishes
 - not being appreciative of what they have
 - not keeping their room clean
20. As a parent, I would be more inclined to
- spank
 - scold
 - make the child sit in a corner
21. If I enjoyed dancing, I would do so because of the
- physical closeness
 - social interaction
 - physical exercise
22. As a parent of a young child, I would prefer
- playing games
 - reading to them
 - going for a walk
23. Basically I am
- romantic
 - talkative
 - hard-working

Total number of A answers _____, B answers _____, C answers _____