

NON-VERBAL COMMUNICATION INSTRUCTION SHEET

Today you are going to be part of a very important experiment. In order for this experiment to work, you must not talk or vocalize in any way. We are going to communicate strictly by non-verbal means.

INSTRUCTIONS: Throughout this class period, you will be asked to express your feelings non-verbally. Take out a sheet of paper to use as an answer sheet. This paper will be turned in at the end of class today. Do not forget to write your name on it, as well as your feelings and reactions.

1. Read the information in the communication packet on the front table and answer the questions on your paper.
2. "Object language" is one type of non-verbal communication. It simply is the intentional or unintentional display of material things. It might be art objects, machines, clothing, jewelry, etc. "The neighborhood consists of middle class people that have to work hard for their money. The guy at the end of the street makes sure that everyone watches him wash and polish his Mercedes each Saturday in his most current fashion clothing. What message is he sending to his neighbors?"

Make a list, on your answer sheet, of five objects or items in this room and describe the message you receive from each of them.
(The objects may be part of someone's attire.)

3. Watch the program playing on the television for ten minutes. This will not have any vocalization or music included. After viewing the program for 10 minutes, write a description of what you watched. Be sure to include the story line, facial expressions, eye contact, body movements, hand gestures, physical appearance, and feelings of the characters.)
4. Look at each of the fifteen advertisements on the table at the front of the room. All of the written communication has been eliminated. Try to identify the main theme of each ads. On your answer sheet write your own captions for each ad, according to what you think they portray.
5. If there is class time left, try to communicate your feelings and reactions to your classmates. You may write notes, use sign language, or any other means without vocalization.
6. Place both your instruction sheet and your answer sheet on the table at the front of the room in the appropriate pile. Return to your seat and wait, without saying anything, until everyone is finished.