

## Role Play Examples

As you read these sentences think of action and body language that would make you sound act and look assertive, passive or aggressive.

PHRASE: **"I'm returning the \$5.00 you loaned me."**

Example:	Aggressive	loud, frown
	Passive	looking at the floor
	Assertive	stand up tall and straight

Phrase: **"Sure you may borrow my umbrella"**

Example:	Aggressive	Stand with hands on hip
	Passive	Shrug shoulders
	Assertive	look at the person, head up

Phrase: **"You did it wrong."**

Example	Aggressive	point finger
	Passive	Whisper
	Assertive	Strong Firm voice

Phrase: **"When are you going to come back?"**

Example:	Aggressive	Scream
	Passive	Wring Hands
	Assertive	Stand Squarely on both feet