

IF YOU ARE VICTIMIZED

- Go to the emergency room or Women's Crisis Center immediately.
- Take a friend with you for moral support and to help you remember things that the medical people will say.
- You will be offered a pill that will induce the sluffing off of the uterus. It is called a morning-after pill. You should decide if you will take this pill before a crisis arises.
- Call the police immediately.
- Don't shower or douche before talking with the officer.
- Save the clothing or bedding that was involved.
- Remember that if you don't report the incident, your attacker will be free to repeat what he did to you.
- Make a conscious effort to remember physical features of the attacker, description of his vehicle, license plates, etc.
- Follow up on the STD tests you will be given.

If you're raped, you should first get to a safe place, away from your attacker. Then you should immediately go to a hospital emergency room. Don't bathe or change your clothes before you go to the hospital. Just get there as fast as you can. You can call the police from the hospital.

In the hospital, the Doctors will discreetly examine you and obtain any evidence that could be used to identify and convict the perpetrator. Tests and treatment may be given to prevent Pregnancy and STD's.

Call a trusted support person. You will probably feel emotionally distraught, and counseling and assistance is available to you.