

Name\_\_\_\_\_ Period\_\_\_\_\_

### **HANDLING A BABY, IT'S YOUR TURN**

1. Hold and talk to the baby.
2. If the baby has a pacifier or is eating from a bottle, gently test the suction power the baby has.
3. Swaddle the baby.
4. Cuddle the baby close and hold still for a minutes. Trying two or three positions that you think the baby might like. List the three positions:
  - a.
  - b.
  - c.
5. Rock the baby.
6. Walk carefully with the baby.
7. Pat the baby rhythmically.
8. Which of the above does the baby seem to like the best, #5, #6, or #7?
9. Try knee bends with the baby. Remember to be gentle.
10. Try rhythmic chants with the baby.
11. Sing to the baby.
12. Hum to the baby.
13. Which does the baby seem to like the best #10, #11, or #12?

Give the baby a gentle hug and return the baby to his/her parent.

#### **EVALUATE:**

1. Which category of soothing did the baby seem to like best?
  
  
  
  
  
  
  
  
  
  
2. What did you learn about a baby?
  
  
  
  
  
  
  
  
  
  
3. What things did the parent suggest were soothing to his/her child? (If the parent does not offer suggestions, ask him/her for some ideas.)