

BUILDING SELF-ESTEEM

In each of the following situations, what would you say or do to **build** your child's self-esteem?

1. You want to do something fun with your three-year-old. How do you let her choose what you will do together?

2. Your four-year-old wants to make some "Rock-a-dile Red" Kool Aid.

3. Instead of saying, "Do not run and scream through this living room," say . . .

4. Your three-year-old, covered with mud, says, "Daddy, I love you."

5. Your four-year-old has an accident in his pants in the mall.

6. Your five-year-old is struggling with a puzzle that is too hard for her.

7. Your three-year-old puts his clothes on all by himself, but his shirt is on backwards.

8. Your seven-year-old puts on a pair of roller skates for the first time, but falls down every three or four steps.

9. Your twelve-year-old comes home with 70% on her spelling test. Last week she received 60% on her test.

10. Your eight-year-old wants to help you change the tire on the car.

11. You want your toddler to begin taking responsibility.

12. Your child is upset because you want to spray a web full of baby spiders with Raid.

13. Your six-year-old wants to start a stamp collection.

14. Your son has just helped you clean the kitchen.

15. Your daughter complains that math homework is too difficult.

16. Your son is worried that he will not do well in a music recital.

17. Your daughter played well in a basketball game, but they lost the game.

18. Your son lost the election for class president.
