## Interpretation of "Insights into Your Values"

You calculated seven scores ranging from 3 to 21 . The section above the scores (numbered 1-7) correlates with seven general areas to which people attach values. Your highest score represents the area you regard as having the most importance, and your lowest score represents what you value the least. Generally, a score between 3 and 9 in any area is low; between 9 and 18 is moderate; and between 18 and 21 is high.

1. Appearance and Material Things (items g, i, and s)

A high score in this area indicates that you place a high value on external or material things, such as having nice clothing and valuable possessions.
2. Internal Focus (items $\mathrm{c}, \mathrm{I}$, and t )

A high score in this area indicates that your primary focus is on yourself, having fun, and perhaps having your feelings acknowledged.
3. Focus on Others (items $f, m$, and $r$ )

A high score in this area indicates that you are very responsive to others' needs you value personal relationships, and generally look for the good in others.
4. Future Oriented (items a, n, and u)

A high score in this area indicates that you are very future and goaloriented. You tend to focus on activities that teach skills or selfimprovement.
5. Creating a Good Impression (items d, h, and p)

A high score in this area indicates that you strive for accomplishment, may be competitive, and value recognition for your contributions.
6. Peers/Friends (items e, k , and o )

A high score in this area indicates that you understand that you like to interact with many people and that you value social situations and the approval of others.
7. Family Focus (items b, i, and q)

A high score in this area indicates that you understand the value of your family and also value having quality relationships with your parents and family.

