

## DUAL - INCOME

How did "traditional" get to be a tradition?

1. Economic Factors:

2. Changing Gender Roles:

3. Family Life Cycle Changes:

Case Studies

1.

2.

3.

What are the main problems encountered by two - income families?

1.

2.

Sharing Roles Successfully

## **When Two Careers Plus Children Equals Stress**

1. Define the situation:
2. Establish Priorities:
3. Compartmentalize work and family roles:
4. Compromise Careers:
5. Reorganize:
6. Get organized:
7. Strengthen the marriage:
8. Buy Time:
9. Establish Friendships with couples like yourselves.
10. Negotiate work Arrangements: